Guardian

Help preparing for your maternity leave

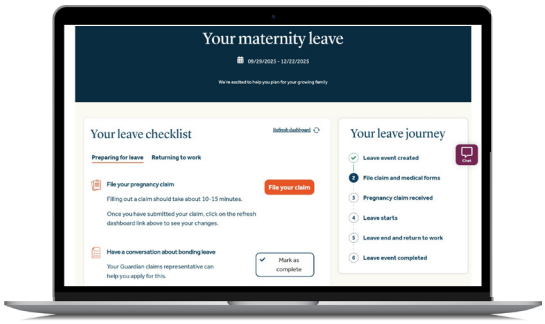
Get helpful guidelines and education through the Guardian LeaveAssist℠

When you're planning to expand your family, or are already expecting a baby, Guardian can help you prepare. We will help you understand what benefits you're eligible for, provide an estimation of eligible leave time and pay you'll receive during leave, guide you on submitting your claim, and include support resources for returning to work to help you feel more in control.

Because you have Guardian Short Term Disability Insurance through your workplace, you have access to Guardian LeaveAssist to help you navigate these questions and your leave with confidence. So you can focus more on welcoming your bundle of joy and less on the logistics.

Here's what you can access in Guardian LeaveAssist:

- A **leave planning tool** that helps you estimate your leave time and pay as you prepare to submit your claim*.
- A **checklist** with tasks you'll need to complete before, during, and after you have the baby.
- **Step-by-step guidance** on submitting your maternity leave claim and how to report your return to work date following your leave.
- A **process tracker** so you can see where you are and what's the next step.
- **GuardianWell™** to view your wellness benefits, as well as helpful articles and on-demand Peloton classes to help guide you through this journey feeling your best.





How to get started

- When you're ready to start planning your maternity leave, you can confidentially log in to your Guardian Anytime account at guardianlife.com. If you don't have a Guardian Anytime account yet, select Register at log in. You can then access the hub via the homepage and select "plan a leave" and "maternity".
- You'll complete a brief questionnaire to help us understand important information about your maternity leave, so that we can provide helpful and personalized information throughout the process.
- Finally, use the hub to file your claim when it's time.

Your simplified experience

After completing the questionnaire, your personalized dashboard will help guide you through each phase. So you feel more prepared to submit your claim, begin your leave, and eventually return to work after bonding with your baby.

We're excited to help simplify your leave experience and hope you take advantage of the resources available. For further assistance, call our claims service center at 800-268-2525, Monday–Friday, 8 am–8 pm ET.

Log in to your Guardian Anytime account to get started.

The Guardian Life Insurance Company of America

guardianlife.com

New York, NY

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* The results provided are estimates only and do not guarantee that any benefits will be payable or that any leave will be approved and should not be relied upon for such purposes. Please see the ;important information section in the leave planning tool for additional limitations.

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