

In partnership with:



## Use Your Benefits Receive a Smart Fitness Ring, On Us!

Virtual. Functional Nutrition. Entirely Free

### Welcome to Utopia WellCare - Functional Nutrition for Better Health

You have access to free virtual appointments with our Registered Dietitians, specialists in **Functional Nutrition**, a personalized, practical approach to improving your health. Best of all, appointments are 100% covered by your Aetna health insurance, so there are **no out-of-pocket costs**.

Our dietitians go beyond generic nutrition advice. They take the time to **understand** your lifestyle, stress levels, daily routine, health history, and eating habits to create recommendations tailored to you. No guesswork, no fad diets, and no one-size-fits-all plans. Just **personalized support designed around your goals and your life**.

Whether you're looking to boost energy, manage your weight, improve digestive health, support hormone balance, reduce inflammation, or simply feel your best, we're here to help.

**Complete your 4th nutrition appointment and receive a free smart fitness ring!**

**Scan the QR code to book your free appointment today!**

